



apexhandtherapy.com

APEX HAND THERAPY
Hand, Wrist, Elbow & Shoulder Rehab

TEL & TEXT: (703) 242 – 4263
FAX: (855) 802 – 9786

226 MAPLE AVENUE WEST, SUITE 405
VIENNA, VA 22180

THERAPY PRESCRIPTION

PATIENT NAME:

DIAGNOSIS:

DATE OF INJURY:

DATE OF SURGERY:

Evaluate and Treat as Needed

Evaluate Sensation

Evaluate Muscle Strength

WOUND CARE:

TREATMENT:

FREQUENCY: 1 2 3 4 5 6 Sessions / Week

DURATION: 1 2 3 4 5 6 7 8 Weeks

Passive ROM Active ROM Strengthening Edema Control

Desensitization Sensory Re-Education Scar Management

SPLINT: Dynamic Static

SPECIAL CONSIDERATIONS/PROTOCOLS/ PRECAUTIONS:

PHYSICIAN'S NAME:

SIGNATURE:

DATE: